



Gerald N. Goldberg, MD
Duane C. Whitaker, MD
Kathleen A. Strickland, NP-C
Jennifer A. Allison, MPA-C
Lynne Coulter, Cosmetic Director

5150 East Glenn Street
Tucson, Arizona 85712

520.795.7729

FAX 520.795.4177

www.pimaderm.com

The Superficial Peel

The glycolic or salicylic facial has been recommended because it will help improve the quality of your skin. Glycolic and salicylic acid works to accelerate the skin's natural renewal process and helps to even skin color, and improve skin texture and tone. It is a very natural way to improve and pamper your skin. The glycolic or salicylic facial peel is also a very effective treatment for the common skin discoloration known as melasma and helps improve sun-damaged skin. For acne patients it accelerates skin exfoliation which diminishes blackheads and plugged pores. After the glycolic facial, our experienced staff can easily clean the pores.

The glycolic or salicylic facial is meant to be used in conjunction with your home skin care program. The facial will help accelerate the results obtained from your skin care regime.

INSTRUCTIONS PRIOR TO FACIAL:

Stop use of all topical products 48 hours prior to facial.

Cleanse skin with a mild cleanser instead of glycolic cleansers. (ie. Cetaphil, Eucerin, Dove)

Avoid excessive sun exposure.

Continue to wear a broad-spectrum sunscreen daily.

INSTRUCTIONS FOLLOWING FACIAL:

Discontinue use of all topical products for 48 hours following facial.

Use a gentle moisturizer as needed.

Use a mild skin cleanser to wash.(ie. Cetaphil, Eucerin, Dove)

Do not use facial makeup for the first 24 hours.

Avoid excessive sun exposure.

Continue to wear a broad-spectrum sunscreen daily

Facials are normally scheduled 3 to 4 weeks apart and in some cases 8 to 12 weeks apart. You will most likely not notice a significant difference until after the second or third facial.

Remember to continue your skin care program at home to obtain and maintain the best results.

There are skin care packages available (comprised of a series of several glycolic facials), please ask for package prices.

If there are ever any questions regarding the facial, please feel free to ask you provider.

Contact us at 795-7729 or please visit us on our website at www.pimaderm.com

Enjoy your start to better skin!