



Adult, Pediatric & Cosmetic Dermatology  
Laser & Skin Surgery

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## Acne Facial Treatment

We offer a unique, medically based facial treatment program for our acne patients that consists of an application of a superficially acting acid, either a glycolic, salicylic, or Jessner's Solution. This application can be combined with the mechanical extraction of closed or plugged pores.

This treatment is best suited for patients with irregular skin texture and a number of plugged oil glands presenting as blackheads, whiteheads and closed/plugged pores.

A superficial peel or treatment has been recommended because it will help improve the quality of your skin. Glycolic and salicylic acid work to accelerate the skin's natural renewal process and helps to even skin color and improve skin texture and tone. For acne patients it accelerates skin exfoliation which diminished blackheads and plugged pores. After this treatment, our experienced staff can easily clean the pores.

The superficial peel or treatments are meant to be used in conjunction with your home skin care program. The treatment will help accelerate the results obtained from your skin care regime.

If there are any ever questions regarding the treatment, please feel free to contact your provider.

### **Instructions prior to treatment:**

- Stop use of all topical products 48 hours prior to treatment
- Cleanse skin with a mild cleanser instead of glycolic cleansers (DCL, MD Formulations)
- Avoid excessive sun exposure
- Wear a broad-spectrum sunscreen daily

### **Instructions following treatment:**

- Discontinue use of all topical products for 48 hours following treatment
- Use a gentle moisturizer as needed
- Use a mild skin cleanser to wash (DCL, MD Formulations)
- Do not use heavy makeup for the first day (Bare Minerals is ok)
- Avoid excessive sun exposure
- Continue to wear a broad-spectrum sunscreen daily

After your acne treatment, it is normal for skin to appear red and inflamed. Light scabs may form in the treated area and may remain for 24-48 hours.

Treatments are normally scheduled 3 to 4 weeks apart and in some cases 8 to 12 weeks apart. You will most likely not notice a significant difference until after the second or third treatment. Remember to continue your skin care program at home to obtain and maintain the best results.

### **Insurance Reimbursement**

The extraction of plugged pores is usually covered by most insurance companies and may be billed to your insurance by our office. The chemical facial application is an additional procedure not usually covered and will be charged at a reduced fee when done in conjunction with extraction. This is billed separately to your as a non-covered service.

Enjoy your start to better skin!