

# PIMA DERMATOLOGY

ADULT / PEDIATRIC / COSMETIC / LASER & SKIN SURGERY

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## TATTOO REMOVAL WOUND CARE

1. Wound care should be performed at least 1 to 2 times daily.
2. Wash the area with gentle soap (Cetaphil® or Dove®) and cool water.
  - Use your hands to clean the area.
  - Do not use a wash cloth to scrub.
3. If there are any scabs on the area, you may use a mixture of:  
½ hydrogen peroxide, diluted with ½ water to clean and loosen scabs
4. Use Polysporin Ointment, Bacitracin (generic is acceptable), or Vaseline®.
  - Apply enough ointment so that the treated area stays moist all day under the bandage.
  - If the area becomes red, bumpy, or itchy, stop the ointment and call the office. You may have an allergy to the ointment and may need a different ointment.
  - Do NOT use ointment containing Neomycin (i.e. Neosporin®)
5. Apply a non-stick bandage such as Telfa pads, Band-Aids, or Saran Wrap for large areas.
6. Blisters and/or some swelling are normal after treatment.
  - If the treated area is blistered and painful, you may lance the blister with a sterile needle, and cover it with antibacterial ointment and a Band-Aid.
  - Do NOT unroof the blister (unroofing means removing the entire top of the blister).
7. Stop wound care when the area has healed (with fresh pink skin) and there is no open wound.
8. Even if you are wearing clothing over the tattoo (after healed), use a sunscreen with an SPF of 30 or higher. If outside, apply sunscreen every 2 hours.
9. If the treated area is small, normal physical activity may be resumed the same day as treatment. If the treated area is large or in a place affected by movement, some patients may need 3 – 7 days before resuming activities. No swimming, sauna, steam room, or hot tub use until the area is completely healed.

### Shopping List

1. Gentle soap (Cetaphil® or Dove®)
2. Telfa pads, Band-Aids or Saran Wrap
3. Paper tape or ace wrap if needed
4. Polysporin ointment, Bacitracin (generic is acceptable), or Vaseline®. NO Neosporin.
5. Tylenol, if needed for pain

*Please contact us at 520.795.7729 if you have any questions or concerns.*